

Summer Camp Daily Activities Sample

	Monday	Tuesday	Wednesday	Thursday	Friday
Core Values	Respect & Courtesy	Responsibility & Honesty	Sportsmanship & Confidence	Judgment & Perseverance	Integrity
Healthy Habits	Safety & Energy	Mind & Vision	Family & Friends	School & Community	Play – Friday Fun Day
8:00 AM – 9:00 AM	Drop Off	Drop Off	Drop Off	Drop Off	Drop Off
9:00 AM – 9:15 AM	Intro: Rules & Safety	Inside Activity	Golf Activity #1: Warm-up & Full Swing	Inside Activity	Inside Activity
9:15 AM – 10:00 AM	Golf Activity #1: Warm-up & Putting	Golf Activity #1: Warm-up & Full Swing	Golf Activity #1: Warm-up & Full Swing	Golf Activity #1: Warm-up & Chipping	Golf Activity #1: Golf Baseball/Golf Hockey
9:45 AM – 10:00 AM	Transition	Transition	Transition	Transition	Transition
10:00 AM – 10:10 AM	Water / Snack Break	Water / Snack Break	Water / Snack Break	Water / Snack Break	Water / Snack Break
10:15 AM - 11:00 AM	Golf Activity #2: Chipping	Golf Activity #2: Putting	Golf Activity #2: Putting	Golf Activity #2: Full Swing	Golf Activity #2: Golf Baseball/Golf Hockey
11:00 AM – 11:10 AM	Bathroom & Water	Bathroom & Water	Bathroom & Water	Bathroom & Water	Bathroom & Water
11:15 AM – 1:00 PM	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 PM – 2:00 PM	Inside Activity	Inside Activity	Inside Activity	Inside Activity	Inside Activity
2:00 PM – 2:10 PM	Transition	Transition	Transition	Transition	Transition
2:10 PM - 3:00 PM	Golf Activity #3: Stretch and Full Swing	Golf Activity #3: Stretch and Chipping	Golf Activity #3: Stretch and Chipping/Putting	Golf Activity #3: Stretch and Putting	Slip n’ Slide / Obstacle Course/Slip n’ Slide
3:00 PM – 4:00 PM	Fun Time/Pick-up	Fun Time/Pick-up	Fun Time/Pick-up	Fun Time/Pick-up	Fun Time/Pick-up
4:00 PM – 6:00 PM	Pick-up / Aftercare	Pick-up / Aftercare	Pick-up / Aftercare	Pick-up / Aftercare	Pick-up / Aftercare